

Wilmington Public Schools - 159 Church Street, Wilmington, MA 01887

Wilmington High School Athletic Department

2011-2012

PHYSICALS - You must have an updated (within 13 months) physical in order to try out.



Middlesex League

Fall Sports

Golf V
Cheerleading V
Boys Cross Country V
Girls Cross Country V
Field Hockey V/JV/FR
Football V/JV/FR
Girls Soccer V/JV/FR
Boys Soccer V/JV/FR
Girls Volleyball V/JV

Winter Sports

G Basketball V/JV/FR
B Basketball V/JV/FR
Cheerleading V
Girls Ice Hockey V
Boys Ice Hockey V/JV
Ski-Club
Boys W. Track V/JV
Girls W. Track V/JV
Wrestling V/JV

Spring Sports

Baseball V/JV/FR
Softball V/JV/FR
Girls Sp Track V/JV
Boys Sp Track V/JV
Boys Tennis V
Girls Tennis V
Girls Lacrosse V/JV



Home Game Tickets
\$4.00 Student/Senior
\$6.00 Adults

FALL 2012

Parent/Athlete Meeting - TBD - WHS Gym

FALL SPORT TRY OUT SESSIONS: FB Monday, Aug 20th/All others Aug 23rd

9:00 a.m. - 10:00 a.m. Boys / 10:00 a.m. - 11:00 a.m. Girls

Concussion Impact Testing

- Concussion testing is strongly encouraged for all Freshman and Juniors.
- Testing takes place in August @ WHS for one hour and students can sign up next to the Athletic Office.
- Please note testing is tentatively scheduled next year August 20th— August 24th of 2012.
- Please call or check the [Wilmington.k12.ma.us](http://www.wilmington.k12.ma.us) Athletic site for more information

HOMECOMING DANCE - Friday - 2012 - Date TBD

WINTER 2011/2012

WINTER SPORT TRY OUT SESSIONS begin the Monday **AFTER** Thanksgiving.

SPRING 2012

WHS SPRING Parent/Athlete Meeting - WHS Gym -Wednesday, March 14, 2012

SPRING SPORT TRY OUT SESSIONS begin the third Monday in March.

Guidelines for communication within the Athletic Program

The Athletic Department would like to establish parental support and positive role models in all co-curricular activities. We recommend all discussions regarding your child should be addressed in the following manner.

- First, please encourage your child to resolve his/her conflict with the coach directly.
- If the above is not possible and/or does not apply, all parental concerns should then be expressed directly to the coach at a **mutually convenient time**.
- Issues that are not appropriate to discuss with the coach are team strategy, play calling, other student-athletes and playing time.
- If there are still concerns, kindly schedule a meeting with the Athletic Director.

Respect the coaches position that they make judgment decisions based on what they believe to be best for all student/athletes as well as the team. Understand the balance between individual needs and team responsibilities. It is very difficult to accept your child's not playing as much as you may hope at any level.

Schedules are located at www.highschoolsports.net



Bonafide Team Member Rule

Athletes on all teams must comply with the bonafide team rule. Bonafide members of a school team are precluded from missing a high school practice or competition in order to practice or compete with an out-of school team. Violations of the above rules will result in ineligibility for two high school contests or two weeks, whichever is the greater on the first offense, and 45 days of high school ineligibility on the second offense.

SPORTSMANSHIP

Good sportsmanship is a characteristic that we desire to be exhibited by members of our all of our teams. Sportsmanship demands that our players be good people, take responsibility for their actions and show consideration for others. We expect teams to show pride in their abilities, have humility in their accomplishments and display great confidence without arrogance. Teams are expected to exhibit the same characteristics in victory as well as defeat.

FAN INFORMATION

The Principals and Athletic Directors of the Middlesex League express our concern regarding sportsmanship in high school athletics. We expect all spectators at our contests to be respectful of athletes, coaches, officials and other spectators. We believe it is imperative to let the athletes, coaches and officials participate in the game. Wilmington High School strives to encourage good sportsmanship throughout our athletic program. We request all cheering be supportive to make each game a positive experience for all concerned. Tickets are \$6.00 for adults and \$4.00 for students.

COMMITMENT/ATTENDANCE AND TARDY POLICY

An athlete who is absent or has an unexcused tardy may not participate in any Athletic games or practices that day. They may return to athletic participation upon return to school. For detailed information, please refer to the student handbook. It is extremely important for a coach to be notified if a student is not going to be present at a game or practice. Coaches expect their athletes to be present at ALL team related activities. Weekend practice sessions vary by sport and attendance is expected. Suspension or dismissal from a team may result in such absences. Students are excused from team activities for illness, injury, academic or religious commitments and family emergencies. Prior notification is strongly recommended.

ATHLETIC OFFICE Get familiar with us...

Mr. Harrison, the Athletic Director and **Mrs. Tavares, the Athletic Department Secretary**, are located **across from the gym**. **Kate Doherty the Athletic Trainer** is located in between the Girls and Boys Locker rooms and is typically in her office after school.

If athletes are curious if practices or games are canceled due to the weather, feel free to stop by. In addition, if a coach notifies us to cancel or change a practice, an announcement is made at the end of the day immediately after the last bell.

If you have any questions, do not hesitate to contact us by e-mail or phone.